

Coronavirus Update #10

Stats

305 sick swabbed - 20 positive for Covid-19
487 tested for IgG antibodies to date

The number of sick patients meeting the criteria for testing has dropped off dramatically.

Firefighter Physicals

Please keep in mind that rules and requirements will be slightly different this year in order to successfully get through the backlog of physicals.

We are restarting firefighter physicals on May 18th. For the balance of May we will be resuming the appointments that were postponed in the month of March, and all other March birthdays. Once we have accounted for all March birthdays there will be about 25 slots open for April birthdays. In June we will be handling April, May and June birthdays only. In July we will be doing July birthdays only. In August we will resume normal operations for firefighter physicals.

If you are a March birthday and do not already have an appointment, please call ASAP. April, May and June birthdays should be calling now to schedule also. July birthdays please give us another week to create the schedule and then you can start calling to book your appointment.

No walk-in firefighter physicals will be accepted, you will be given an open appointment slot and asked to return at that time, and it may not be on that day, additionally, you will not be allowed to sit in the waiting room. No exceptions will be made to this rule!

We are not trying to be harsh, but doing this catch up will create enough strain on the system and our personnel. Please call and make an appointment.

Having your labs drawn and completing your required OSHA questionnaire ahead of time will make your appointment go a lot smoother. Additionally if your appointment is scheduled after 11am you will be required to come in and have fasting labs done prior to your appointment. If you choose to not complete these tasks ahead of time please show up at least 30 prior to your appointment time.

We are trying to complete 4 months worth of physicals in 6 weeks so please be patient, we will not cut corners with your medical care to rush these physicals through. With this in mind, patients late more than 15 minutes for their appointment may be required to rescheduled.

Keep in mind that all firefighter physicals require a exercise stress test this year.

We will resume retiree and spouse physicals in July, and are working on "school physical Saturdays" or other special arrangements to get all the school physicals done before the beginning of the school year.

IgG Covid-19 Antibody Testing Update

We are currently drawing blood for the IgG Antibody test for all participants of the Fund, and for Fire Rescue employees that are not participants of the Fund.

There is no need for an appointment and best times to walk in are after 10am. Just check in with the outside triage desk who will do a quick vitals check and issue you a mask if you don't already have one.

Currently we will be running the tests only once per day as volume dictates. Results will post to the HEALOW portal, make sure your app is up to date and log-in information is current. If you need help with the HEALOW app the MA's will help you while you are here. Results are expected to post to the HEALOW app 24-48 hours after your blood is drawn.
Please refrain from calling the office to check your results.

We expect most results to be negative and will make every effort to call all positive results, but all results will post to individual HEALOW accounts.

Generally speaking, an IgG Covid-19 Antibody test will be negative if you have not had a significant exposure or have not had the Covid-19 virus. Typically a positive result will indicate that you have the antibodies for the Covid-19 virus. Currently due to lack of research, having the antibodies does not guarantee that you are immune to the virus. An IgG antibody test does not indicate acute infection, only prior infection and it may take 10-15 days post infection to develop IgG Antibodies.

As a reminder the Wellness Center hours will be 8am-7pm Monday thru Friday and 9am-4pm on Saturday. We apologize for any inconvenience this may cause you.