

## **Coronavirus Update #8**

Current Stats:

143 tested, 8 positive

All visitors, while supplies last, will be given a face mask when coming to the Insurance Fund building regardless of reason for visit, additionally, if you are tested for COVID-19 we will give you masks for all older children and adults in the household in order to limit exposure.

### **Once Again**

As a friendly reminder we do not currently perform a COVID-19 test on asymptomatic patients.

You are always welcome to visit the Wellness Center if you have any questions or concerns, but as stated earlier we do not perform tests on asymptomatic patients.

### **What To Expect if We Do Test You**

First off we will do a thorough history of your symptoms which can include; fever, cough, sore throat (even just a tickle), congestion, or shortness of breath. Other less common symptoms are headache, fatigue, pink eye, even loss of taste or smell.

Next we may do diagnostic tests as determined by your provider such as Flu, Strep, lab work, x-ray or even a cat scan in some cases. After all those results are reviewed your provider may request you to be swabbed for COVID-19.

Once swabbed you will be placed in quarantine and given a paper describing what quarantine means. You will also be given a paper describing what to expect in the days ahead. You can expect to be quarantined for a minimum of 7 days from the time your symptoms started, regardless of whether your test comes back positive or negative. If you are employed by fire rescue we will notify them that you are quarantined. Your pay will continue without using your sick time.

All close contact, household family members will also be quarantined.

If the household family member is the symptomatic patient, such as a child or spouse to the fire rescue employee, we will again quarantine the whole family, and notify fire rescue that the employee also is quarantined. Your pay will continue without using your sick time. I am proud of fire rescue and the county for doing that for the employees.

Once we are ready to take you off quarantine you will need to have a provider visit at the Wellness Center to complete the process.

We recommend that you bring yourself or symptomatic family members into the clinic to get evaluated and most likely tested. Again we do not test asymptomatic individuals, we will only test the symptomatic family members.

As a service to all of our fire rescue family members we are offering our services for COVID-19 related illnesses regardless of participation in the Insurance Fund.

Currently we are in discussion with fire rescue on how to handle employees that are asymptomatic but have had a significant exposure.

### **Thank You from Clinic Staff**

Our members generosity with all manners of food sorts is greatly appreciated by the staff. From the lunch's, bagels, donuts and even farm fresh produce that has been brought in for the staff, thank you, thank you!

### **Firefighter Physicals:**

Currently the front desk is contacting individuals a week out and cancelling physicals until we get the all clear to start them back up. I would expect that if you have an April birthday you can expect to get yours postponed.

As we await starting physicals again the providers would like to extend an invitation to you to have your fasting labs done. Having your labs already done will be one less thing for the provider to review and they can be better prepared when you do come. As a reminder you do not even have to enter the building as we have a lab draw station setup outside, just stop by and check in with the front triage station.

***As a reminder the Wellness Center hours will be 8am-7pm Monday thru Friday and 9am-4pm on Saturday.*** We apologize for any inconvenience this may cause you.

***Remember wash your hands frequently and practice social distancing, and for those of you on the trucks please use your PPE at all times and practice good hygiene!***